



Schedule is subject to change. Registration opens July 20, 2020.



Recreational Cheerleading Programs

1 class per week • No competitions • Will have 1 performance at the end of session • T-shirt included

Session 1: September 8 to December 18 (*Performance* on Saturday December 12*)

Session 2: January 4 to May 21 (*Performance* on Saturday May 8*)

Attendance at the performance is not mandatory, however, please inform coaches at the start of the session if your athlete will not be in attendance

	Monday	Tuesday	Wednesday	Thursday	Friday
Ice Crystals (Pre-Cheer) Ages 3 – 4 Sess 1: \$230.29 / Sess 2: \$308.25	Session costs for Recreational Cheerleading Programs can be split into 2 payments.		4:00 – 5:00pm		
Icicles (Pre-Cheer) Ages 5 – 7 Sess 1: \$230.29 / Sess 2: \$277.07					3:45 – 4:45pm
Wind Chill Ages 8 - 14 (<i>must be in gr. 3</i>) Sess 1: \$327.98 / Sess 2: \$440.83				4:15 – 5:45pm	

Recreational Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$40 per athlete is required and is non-refundable. Cost includes annual Cheer Canada membership, BCCA membership, and Kamloops Cheerleading Society membership.
- Registration for Session 2 will open November 1, 2020 at 8:00am.
- Refunds of session programs will only be considered within 2 weeks of start date. The registration fee is non-refundable. Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.

Prep Team Programs

1 practice per week • 2 competitions • Will participate in 1 showcase • Uniform rental included • 9 month program

Program runs September 8 to May 21 with registration open until November 1, 2020

	Monday	Tuesday	Wednesday	Thursday
Snow Angels Born in 2012 - 2014 \$1109.50 / \$123.28 monthly		4:00 – 5:30pm		Mandatory choreography clinic for Prep Teams on Saturday January 9. See info package for details
North Winds Born in 2003 - 2011 \$1109.50 / \$123.28 monthly		5:00 – 6:30pm		

Prep Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$105 per athlete is required and is non-refundable. Cost includes annual Cheer Canada membership, BCCA membership, Kamloops Cheerleading Society membership, T-shirt, hair bow, and music.
- ***One month notice must be given for all withdrawals from prep cheerleading (no withdrawal from prep cheerleading programs after December 1, 2020)*** Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for expectations and payment policies

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Be a Part of our Passion



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All-Star Team Programs

1-2 practices per week • 3 competitions • Will participate in 2 showcases • Lower cost uniform • 9 month program
Program runs September 8 to May 21 with registration open until October 1, 2020

	Sunday	Monday	Tuesday	Wednesday	Thursday
Snowstorm <i>Born in 2008 - 2012</i> \$1737.59 / \$193.07 monthly		6:00 – 7:30pm		6:30 – 8:00pm	Mandatory stunt and choreography clinics October 22-25 for all-star teams. See info package for details.
Frost Bite <i>Born in 2003 -2009</i> \$1446.68 / \$160.76 monthly			7:30 – 9:30pm		
White Out <i>Born in 2004 or earlier</i> \$1193.80 / \$132.64 monthly	7:45 – 9:30pm	*Athletes born between 2005 to 2007 with previous Level 3 or 4 experience may request an assessment to be on White Out*			

Elite Team Programs (assessment required)

2 practices per week • 5 competitions • Will participate in 2 showcases • Elite uniform • 9 month program
Program runs September 8 to May 21 with registration open until September 15, 2020

	Sunday	Monday	Tuesday	Wednesday	Thursday
Cold Snap Level 1 <i>Ages TBA</i> \$2455.70 / \$272.86 monthly		4:45 – 6:45pm			5:45 – 8:00pm
Blizzard Level 2 <i>Ages TBA</i> \$2316.19 / \$257.35 monthly	3:00 – 5:15pm		6:15 – 8:15pm		Mandatory skills and choreography clinics October 22-25 for elite teams. See info package for details.
Shiver Level 3 <i>Ages TBA</i> \$2292.94 / \$254.77 monthly	5:45 – 8:00pm			7:30 – 9:30pm	
Arctic Chill Level 4 <i>Ages TBA</i> \$2455.70 / \$272.86 monthly		7:30 – 9:30pm			7:15 – 9:30pm

All-Star & Elite Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$190 per athlete is required and is non-refundable. Cost includes annual Cheer Canada membership, BCCA membership, Kamloops Cheerleading Society membership, T-shirt, hair bow, and music.
- ***One month notice must be given for all withdrawals from competitive cheerleading (no withdrawal from competitive cheerleading programs after November 15, 2020)***
Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for expectations and payment policies.



Freeze Athletics is closed on the following dates. There are also no regular practices on stunt clinic/choreo weekend.

October 10-12 October 22-25 (stunt & choreo for All-Star/Elite teams)
 November 11 December 20-January 2 February 6-7 (comp) February 13-15
 March 6-7 (comp) March 14-20 April 2-4 (open April 5) April 9-11 (comp) May 22-24