FREEZE

June 2020 Schedule



Effective June 1 to June 26, 2020

In Person Classes

	Monday	Tuesday	Wednesday	Thursday
Basic Tumble				
Ages 6+	3:00 – 4:00pm			5:15 – 6:15pm
\$57.50 (one class per week)				
Tumble Level 1				
Ages 6+	7:00 – 8:00pm		3:00 – 4:00pm	
\$57.50 (one class per week)				
Tumble Level 2				
Ages 7+			5:00 – 6:00pm	3:00 – 4:00pm
\$57.50 (one class per week)				
Tumble Level 3				
Ages 8+	5:00 – 6:00pm		7:00 – 8:00pm	
\$57.50 (one class per week)				
Tumble Level 4/5				
Ages 9+				7:30 – 8:30pm
\$57.50 (one class per week)				
Jumps				
Ages 6+	4:15 – 4:45pm		6:15 – 6:45pm	
\$28.75 (one class per week)				
Conditioning				
Ages 7+	6:15 – 6:45pm		4:15 – 4:45pm	
\$28.75 (one class per week)				
Flyer Flex				
Ages 7+				6:30 – 7:15pm
\$43.12 (one class per week)				

All prices are for the full 4 week session. Prices include GST

Athletes should register in the same tumbling class they were registered in this past season. Weren't in a tumbling class? Check out our website for Tumbling Class descriptions: https://www.freezeathletics.com/tumbling

JUNE SPECIAL

Register for 3 classes and receive 10% off your total order! Register for 4 classes and receive 15% off your total order!

Example: Register for Tumble Level 1, Jumps and June Virtual Training and receive 10% off your total.

*Must register for all classes on the same receipt. Discount will not be applied to multiple transactions Classes must be for the same participant. *

June Refund Policy:

- At least 48 hours written notice must be given for withdrawal from June session training once the session has started, there will be no refunds without a doctor's note.
- When withdrawing, fees will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- Refund due to medical reason must be accompanied by a doctor's note.
- Individual missed classes will not be refunded/made up.

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Virtual Classes

VII tual Classes					
	Monday	Tuesday	Wednesday	Thursday	
Pre-Tumble					
Ages 3-6		9:30 – 10:00am			
All virtual classes included in Virtual Pass					
Beginner Tumble					
Ages 6+			1:30 – 2:15pm		
All virtual classes included in Virtual Pass					
Advanced Tumble					
Ages 8+		1:00 – 1:45pm			
All virtual classes included in Virtual Pass					
Jumps					
Ages 6+				2:00 – 2:30pm	
All virtual classes included in Virtual Pass					
Conditioning					
Ages 7+				1:00 – 1:30pm	
All virtual classes included in Virtual Pass					
Flyer Flex					
Ages 7+		1:45 – 2:30pm			
All virtual classes included in Virtual Pass					
Baking with Keri					
All Ages			9:30 – 10:30am		
All virtual classes included in Virtual Pass					
Crafts with Emma					
All Ages	2:00 – 2:30pm				
All virtual classes included in Virtual Pass					

Virtual Team Practices

	Monday	Tuesday
Level 1 Teams Ages 6-9 All virtual classes included in Virtual Pass		5:00 – 6:00pm
Level 1 Teams		
Ages 10-16		6:00 – 7:00pm
All virtual classes included in Virtual Pass		
Level 2 Teams		
Ages 9+		4:00 – 5:00pm
All virtual classes included in Virtual Pass		
Level 3 and 4 Teams		
Ages 10+		3:00 – 4:00pm
All virtual classes included in Virtual Pass		

Access ALL virtual classes for only \$39 per month per family!

Team practices open to new athletes. New athletes should attend Level 1 practices for their age group. Athletes who have been in prep or competitive cheerleading before should attend the level they were previously in.

Register online now at www.freezeathletics.com